

Clothing

○ = Gear You Need

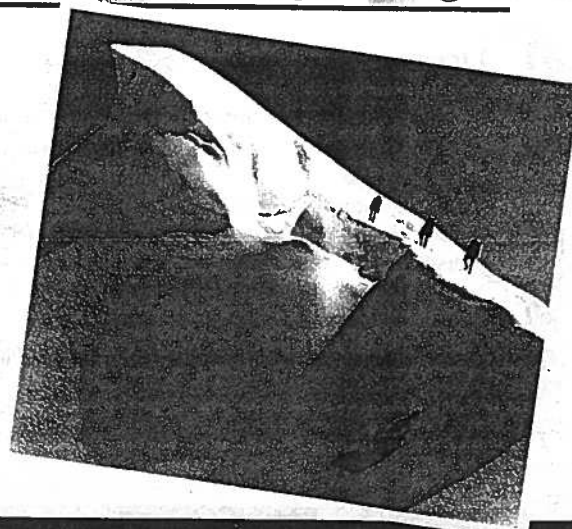
	Three-season	High mountain	Snow/winter	Rain-forest	Hot/desert	Swamp
Outerwear						
waterproof/breathable jacket	○	○	●	○	○	○
waterproof/breathable pants	○	○	●	○		○
insulated parka		○	●			
fleece jacket or wool sweater	○	○	●	○	○	○
fleece pants		○	●			
waterproof gaiters	○	○	●	○		○
synthetic hiking pants	○	○	●	○	○	○
synthetic shorts	○	○		○	○	○
Base Layer						
expedition-weight long john top			●			
expedition-weight long john bottoms			●			
midweight long john top	○	○	●	○	○	
midweight long john bottoms	○	○	●	○	○	
long sleeve T-shirt	○	○	●	○		
synthetic briefs	○	○	●	○	○	○
synthetic sports bra	○	○	●	○	○	○
synthetic T-shirt	○	○		○	○	○
cotton T-shirt					○	○
Accessories						
wool or fleece hat	○	○	●	○	○	
balaclava		○	●			
midweight wool or fleece gloves	○	○	●	○		
heavyweight wool or fleece mittens			●			
synthetic liner gloves		○	●		○	○
waterproof overmitts		○	●			
Footwear						
waterproof hiking boots	○	○	●	○		○
camp footwear	○	○		○	○	○
wool or synthetic socks (3)	○	○	●	○	○	○
liner socks (2)	○	○	●	○	○	○
insulated camp booties			●			
Extras						
sun hat	○	○	●		○	○
rain hat				○		○
bandanna	○	○	●	○	○	○

Extra Hardware For...

Mountaineering

- internal frame pack
- mountaineering boots
- hinged 12-point crampons
- mountaineering axe (70cm)
- climbing harness
- climbing helmet
- belay/rappel device
- prussik slings
- mechanical ascenders
- down runners
- daisy chains

- avalanche probe
- lightweight avalanche shovel
- climbing ropes
- protection hardware (nuts, screws, carabiners, etc.)
- ski goggles
- glacier glasses
- avalanche transceiver



Climbing

	Three-season	High mountain	Snow/winter	Rain-forest	Hot/desert	Swamp
internal or external frame backpack	○	○	●	○	○	○
screen tent or tarp					○	○
three-season tent	○			○		
convertible or four-season tent		○	●			
synthetic sleeping bag				10° to 40°F		30° to 50°F
down sleeping bag	15° to 30°F	30° to 20°F	-30° to 0°F		20° to 50°F	
inflatable sleeping pad	○	○	●	○		○
closed-cell foam sleeping pad		○	●		○	
trekking poles	○	○	●	○	○	○
white gas stove and fuel bottles		○	●			
canister stove and fuel canisters	○			○	○	○
lighter and waterproof matches	○	○	●	○	○	○
cookset	○	○		○	○	○
cookset w/heat exchanger			●			
eating utensils, bowl, and insulated mug	○	○	●	○	○	○
headlamp w/extra batteries and bulb	○	○	●	○	○	○
32 oz. water bottles (2)	○	○	●	○	○	○
water bottle parkas (2)		○	●			
water treatment (filter, tablets, or drops)	○	○		○	○	○
pocket knife or multitool	○	○	●	○	○	○
compass	○	○	●	○	○	○
sunglasses	○	○	●		○	○
first-aid kit with personal medications	○	○	●	○	○	○
chemical heat packs		○	●			
stuff sacks	○	○	●	○	○	○
assorted zipper-lock bags	○	○	●	○	○	○
bear-bagging rope (or canister)	○	○		○		○
insect repellent	○	○		○	○	○
mesh head net or suit	○	○				○
sunscreen (SPF 15+)	○	○	●		○	○
lip balm (SPF 15+)	○	○	●		○	
toilet paper and trowel	○	○	●	○	○	○
pee bottle		○	●			

Canoeing

- tripping-style canoe (16-17')
- personal flotation device (PFD)
- throw rope
- paddle (straight or bent shaft) and spare
- drybags
- plastic map case
- waterproof binoculars
- duck boots
- sports sandals

Ski Touring

- internal frame pack
- touring skis (x-country, telemark, or AT)
- leather or plastic telemark boots
- ski poles
- climbing skins
- lightweight avalanche shovel
- ski repair kit
- avalanche transceiver
- ski goggles
- glacier glasses
- optional: sled for hauling gear (see *Gear Works*, December 1998)

Snowshoeing

- backcountry snowshoes
- insulated snowshoe boots or pac boots
- ski poles or trekking poles with wide snow baskets
- multitool for adjusting/repairing bindings
- lightweight shovel
- optional: sled for hauling gear (see *Gear Works*, December 1998)